



# Introduction

British Orthopaedic Foot and Ankle Society

1st New Consultants Course

9<sup>th</sup> Nov – 10<sup>th</sup> Nov 2023, Coventry



Dear New Foot and Ankle Consultant,

Welcome to the third BOFAS New Consultants Course.

Congratulations on your appointment as a Consultant in the NHS! It is an exciting time and something you should be incredibly proud of. Well done!

We also know that this time can be challenging in ways that you might not have imagined, and this course has been designed to support you on your journey and to provide a valuable opportunity for networking with peers and established BOFAS members.

The course itself is deliberately interactive: there will be no long didactic lectures and there is no traditional faculty/delegate split. Each mini-session of short talks is followed by discussion time, which you will also take turns to chair in order to encourage all of those around the table to contribute. We encourage you to participate and join in the discussion as we are here to talk through your experiences, expectation and concerns about your new life as a Consultant.

The course faculty are experienced and approachable educators who have participated on other BOFAS courses and are looking forward to benefiting as much from the course as you are. Please pick their brains at every opportunity, as that is very much the spirit of this particular meeting.

We hope that you will enjoy the cadaveric day, which will give you an opportunity to learn some tips and tricks from the faculty and consolidate your learning from your time in training and on Fellowship and to perform any procedures which you might not have the opportunity to do regularly.

This course is a great opportunity for networking, both locally and nationally. Please read all the bios of the faculty and delegates and take the opportunity for discussion.

Finally, we must also look to the future, and given that the course is designed specifically for you and future new consultants, we will be relying very much on your feedback to shape its development and improvement. We would be very grateful if you would complete the online feedback form, which will be emailed to you at the end of the course. If there is anything in particular that we have not covered that you think would be useful, please do let us know.

Enjoy it! We look forward to meeting with you and sharing our experiences.

Anna Chapman & Vivek Dhukaram  
Course Co-Directors  
BOFAS Education Committee

# BOFAS Course Faculty



## **Anna Chapman (Course Director)**

Anna Chapman is a Consultant Trauma and Orthopaedic Surgeon at University Hospitals, Coventry and Warwickshire, with a specialist interest in Foot & Ankle surgery. She qualified from Guy's, Kings and St Thomas's Hospitals School of Medicine in London and completed her orthopaedic training on the Warwick rotation. She undertook Fellowship training in Bournemouth and Bristol and was appointed as a Consultant in 2012. She completed a Master's Degree in Medical Education at the University of Warwick in 2010 and continues to pursue her interest in all things educational. Anna is currently the Training Programme Director for the Warwick Orthopaedic Specialist Training Programme and is Secretary of the BOFAS Education Committee.



## **Vivek Dhukaram (Course Co-Director)**

Vivek Dhukaram is a Consultant Orthopaedic Surgeon with subspecialist interest in foot and ankle surgery based at University Hospitals Coventry & Warwickshire NHS trust (UHCW). He was trained and accredited as an Orthopaedic Surgeon from South Trent training scheme. He undertook advanced fellowship training from Nottingham and RNOH Stanmore and also awarded British Orthopaedic Foot and Ankle Society and European Foot and Ankle Society travelling fellowships. He has set up the specialist Foot and Ankle service at University hospitals Coventry and Warwickshire and continues to develop it.



## **Mike Barrett**

Mike Barrett is a consultant trauma and orthopaedic surgeon at Addenbrooke's Hospital, Cambridge University Hospitals.

Mike is part of the orthopaedic trauma unit caring for multiply injured patients with complex surgical needs. His specialist interest is in lower limb trauma surgery and foot and ankle surgery. Mike is also a consultant within the Major Trauma Service at the hospital which delivers pan-speciality care to the multiply injured patient.

Mike completed a fellowship with the team at the Royal Bournemouth Hospital focusing on foot and ankle surgery, he received a BOFAS travelling fellowship award for foot and ankle surgery in 2019. Prior to this he was able to work with the major trauma and limb reconstruction team at the Royal London Hospital.

Mike completed his speciality training in the East of England, his core training in Kent, Surrey and Sussex, and his junior and medical school training in Liverpool.



## **Iain Bissell**

Iain Bissell studied medicine at St. Bartholomew's Hospital, London. His orthopaedic training was in Oxford and Southampton then completed with fellowships in limb construction then foot and ankle surgery. Has been a Consultant Foot & Ankle Surgeon in Hereford for 10 years. He has special interest in Foot and Ankle surgery and Limb Reconstruction (treating deformity and infections, usually subsequent to trauma).



## **Callum Clark**

Callum Clark graduated from Cambridge and completed his orthopaedic training in the north west London training programme, the Royal National Orthopaedic Hospital, Stanmore and Melbourne, Australia. He was appointed as a consultant orthopaedic surgeon at Heatherwood and Wexham Park hospitals in 2004 and has a busy foot and ankle surgical practice. He has run an accredited postgraduate Foot and Ankle fellowship programme since 2007, regularly teaches at regional and national courses is co-convenor of a Foot and Ankle Trauma course for SpRs. Elected to EdComm 2013 and 2016. Callum is the current BOFAS Education Committee Chair.

# BOFAS Course Faculty



## Yaser Ghani

Yaser Ghani is a Consultant Orthopaedic Foot & Ankle surgeon working at the Homerton University Hospital. He completed his undergraduate training at UCL in London and completed his specialty training in London (Stanmore rotation). He undertook Foot & Ankle fellowships in Windsor, St. Mary's London and Oxford. He has a special interest in complex foot and ankle deformity, ankle arthritis (including replacements) and complex foot and ankle trauma.

He is actively involved in research, education and initiated the BOFAS 'Lectures of Distinction' Webinar series with the BOFAS Educational Committee and became the first non-consultant to become part of the BOFAS Education Committee.



## Paul Hamilton

Paul qualified from St Bartholomew's and the Royal London Hospital Medical College and went on to complete his orthopaedic training in London. He has had extensive training in foot and ankle surgery and completed three UK based fellowships with world-renowned surgeons as well as a travelling fellowship to Boston, USA.

He has a keen interest in teaching, is a member of the Academy of Medical Educators and runs a fellowship programme. He became an Associate Professor of the University of Caribbean in 2019. He has completed a Postgraduate Diploma in trauma and orthopaedics. He is currently the surgical director of the South West Elective Orthopaedic Centre, a well-known centre of excellence. He has undertaken a travelling fellowship to Boston, USA. Having completed his training he went on to Addenbrookes's Hospital, Cambridge for a further year of specialist training in trauma, foot and ankle surgery.



## Togay Koc

Togay Koç is a Consultant Trauma and Orthopaedic Surgeon with a specialist interest in Foot & Ankle Surgery at Portsmouth Hospitals University NHS Trust. He qualified from Guy's, King's and St Thomas' Schools of Medicine in London before completing his orthopaedic training in the Wessex Deanery. He has been on Fellowships to Southampton, Oxford, Guildford and Frimley as well as a visiting Fellowship to the Harborview Medical Centre, Seattle, USA. He benefited greatly from the support he received from BOFAS during his training, fellowship and beyond including the BOA Future Leaders Programme.

Togay is a member of the BOFAS IT Committee.



## Julie Kohls

Julie Kohls is a Consultant Orthopaedic Surgeon who specialises in Foot and Ankle Surgery who has worked at the Royal Surrey County Hospital since July 2007. Julie sees all manner of Foot and Ankle problems from the minor to the very complex. Julie uses the latest recognized surgical techniques to treat patients including keyhole surgery and is also committed to the care of diabetic patients with Foot and Ankle problems and co-runs with the Endocrinologists the specialised MDT (multi-disciplinary team) clinics for diabetic patients with foot problems at the RSCH.

Julie is Canadian and she qualified in medicine at the University of Western Ontario in 1996 followed by Orthopaedic surgery training program at the University of Toronto. After arriving in London in 1999, Julie completed her training in Orthopaedic surgery on the London North West training program. In 2007 Julie became a Fellow of the Royal College of Surgeons of England (FRCS (Tr & Orth)). Julie completed two years of Fellowship Training in Foot and Ankle Surgery.

# BOFAS Course Faculty



## Daniel Marsland

Daniel originally qualified in Medicine from Sheffield University in 2003 and went on to complete his Orthopaedic higher specialist training in Wessex, including a visiting trauma fellowship in Liverpool.

Daniel specialises in all aspects of foot and ankle surgery, including hallux valgus surgery (bunions), total ankle replacement, deformity correction and fusion surgery. He has a particular interest in sport injuries and arthroscopic surgery of the foot and ankle and completed his MSc in Sports and Exercise Medicine at Bath University. He also treats complex foot and ankle trauma, as well as general trauma.

He has extensive fellowship training in foot and ankle surgery at world renowned centres including Mater Adult Hospital Brisbane, Fortius Clinic London, London Orthopaedic Clinic.



## Andy Metcalfe

Andy Metcalfe is a Professor of Trauma and Orthopaedics at the Warwick Clinical Trials Unit, and consultant orthopaedic surgeon at the University Hospital of Coventry and Warwickshire. He graduated from the University of Sheffield and did his surgical training on the Welsh rotation. He completed his PhD with the Arthritis Research UK Biomechanics and Bioengineering Centre in Cardiff and undertook fellowships in Bristol and Sydney, before starting as a consultant & associate professor in Coventry in 2015.

His research is about the effectiveness of orthopaedic interventions with a focus on multi-centre randomised trials. He has a particular interest in the evaluation of new surgical devices and techniques. He is theme lead for Surgery, Pain and Rehabilitation at one of the UKs largest CTUs, and is Chief Investigator for a research programme worth over £5M. He is the Research lead for the British Association for Surgery of the Knee and has contributed to a number of NICE guidelines. He leads the Integrated Clinical Academic Training Programme for T&O at the University of Warwick and is academic lead on the ARCP panel for the Warwickshire T&O training rotation.



## Giles Pattison

Giles graduated from University College London in 1991. His surgical training was in Bristol. Having completed his fellowship training at SickKids in Toronto he was appointed to a consultant post at University Hospitals Coventry and Warwickshire in 2005. He completed a masters in medical education at the University of Warwick. Giles has been TPD of the Warwick programme and is currently a member of the SAC. He has served as departmental chair and Head of Surgery.

Giles has a wide ranging paediatric practice, which includes trauma, with an increasing numbers of children with foot disorders.



## Hiro Tanaka

Hiro Tanaka is a Consultant Orthopaedic Surgeon in Newport, South Wales. He is passionate about improving the quality of surgical training and promoting clinical leadership in the NHS. He designed the BOFAS Principles Course on behalf of the Education Committee in 2010 and continues to be a member of the committee. He is Chairman of the Education and Revalidation Committee of the BOA and is an examiner for the FRCS (Orth).

Hiro is the current BOFAS Treasurer.



## Tim Williams

Tim Williams graduated from Guy's and St. Thomas' Medical School in 1999, completed his surgical training in London and East Anglia before undertaking his fellowship training at the Royal National Orthopaedic Hospital. He was appointed as Consultant Foot and Ankle Surgeon at Colchester in 2011. Here he has established a working and educational relationship with the British army garrison, supporting the Regional Rehabilitation Unit.

His education interests include training junior doctors as well as allied healthcare practitioners and he has taught on the Oxbridge theatre personnel course.

Tim is a member of the BOFAS Education Committee and Overseas Sub-Committee.



## Delegates

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## Delegate Groups Thursday | Tables Friday

	Group A	Group B	Group C	Group D
Delegates Thursday Groups				
Delegates Friday Tables	Table 1  Table 2	Table 3  Table 4	Table 5  Table 6	Table 7  Table 8

Faculty Groups for Session 4	Group 1	Group 2	Group 3	Group 4
	Williams Barrett	Clark Kohls	Koc Tanaka	Marsland Hamilton

Faculty Mentors for Groups	Group A	Group B	Group C	Group D
Mentors	Metcalfe Tanaka Ghani	Barrett Koc Marsland	Clark Roslee Pattison	Hamilton Kohls Williams



**Thursday 9<sup>th</sup> November 2023: Coombe Abbey Hotel, Coventry  
Cloisters Suite**

09:30-10:00 Coffee/Delegate Registration/All Faculty Brief

10:00-10:10 Welcome and Introduction Anna Chapman

**10:10-11:40 Session 1: Welcome to your new life!**

10:10-10:18 10 things I wish I'd known when I started as a Consultant Yaser Ghani

10:18-10:26 Practical Tips and Tricks for Life On Call Mike Barrett

10:27-10:35 Top Tips: Life as a Trainer – Working with a Registrar Paul Hamilton

10:36-10:44 Managing your own Complications Julie Kohls

10:45-11:35 Structured Discussion with Speakers & Chairs in 2 Groups  
**Speakers** to swap groups as **11.15** (Start: CR & MB with Groups A&B, PH & JK with Groups C&D)

Room	Cloisters	Kellway
Faculty Chairs	Pattison/Tanaka/Marsland	Bissell/Koc/Clark
Delegates	Groups A&B	Groups C&D

11:35-11:45 **Stretch/Grab a Drink Break – 10 minutes only!**

**11:45-13:00 Session 2: Staying out of Trouble**

11:46-11:52 Working expertly with your CD & managers Iain Bissell

11:53-12:01 Dealing with complaints/litigation Callum Clark

12:02-12:10 Colleagues & Communication – Expert Advice Giles Pattison

12:11-13:00 Structured Discussion with Speakers & Chairs  
**Speakers** to swap groups at **12:35** (Start: KV & CC with Groups A&B, GP with Groups C&D)

Room	Cloisters	Kellway
Faculty Chairs	Roslee/Marsland/Tanaka	Barrett/Hamilton/Williams
Delegates	Groups C&D	Groups A&B

**13:00-14:00 Lunch**

Afternoon Session

**14:00-15:40 Session 3: Building Your Empire**  
***Faculty chairs Part 1: Clark / Tanaka***

14:00-14:10 Introducing New Technologies Andy Metcalfe

14:11-14:19 Research as a full-time surgeon: is it possible? Dan Marsland

14:20-14:50 Structured Discussion with Speakers &amp; Chairs – 1 large Group

***Faculty Chairs Part 2: Kohls / Williams***

14:50-14:58 Setting yourself up on the BOFAS Registry Togay Koc

14:58-15:06 Quality Improvement Hiro Tanaka

15:07-15:40 Structured Discussion with Speakers &amp; Chairs – 1 large Group

**15:40-16:00 Coffee**

16:00-17:00 Delegates Complex Clinical Cases – 15 minutes per case

Topics	Complex Cases 16:00-17:00			
Room	Cloisters	Griffin Room	Kellway	De Camville
Faculty	Group 3	Group 4	Group 1	Group 2
Delegates	Group A	Group B	Group C	Group D

17:00-18:00 Tips & Tricks for working in the private sector  
(All back in Cloisters)**18:00 Day 1 Close**

19:00 Course Dinner – The Stuart Room, Coombe Abbey

**West Midlands Surgical Training Centre (WMSTC)**

Ground Floor, West Wing, University Hospital, Coventry

Clifford Bridge Road, Coventry, CV2 2DX

07:15-07:30 Please leave Ansty Hall at approximately 07:15 to get parked at UHCW in the Visitors Car Parks as traffic can be very heavy to get on site.

Meet on ground floor, Main Hospital Entrance at 07:30 to walk to lab together please as staff access badges are required. Scrubs and shoes provided.

08:00 **Coffee**

08:00-08:05 **Introduction to the cadaveric course**

08:05-08:15 **Girdlestone-Taylor Toe Correction/Hallux Varus Correction**  
*Cadaveric session*

08:50-09:00 **Lapidus Fusion & Cotton Osteotomy**  
*Cadaveric session*

09:50-10:00 **Tarsal Tunnel Decompression/Plantar Fascial Release**  
*Cadaveric session*

**10:20-10:45** **Coffee**

10:45-10:50 **Medial Approach to Double fusion**  
*Cadaveric session*

11:30-11:35 **Posteromedial Approach to Ankle**  
*Cadaveric session*

**12:00-12:40** **Lunch**

12:40-12:50 **Lateral Column Lengthening**  
*Cadaveric session*

13:30-13:35 **Pearls of Wisdom: PMGR, Strayer & Insertional Achilles Surgery**  
*Cadaveric session*

14:00-14:10 **Peroneal groove deepening/  
retinacular reconstruction**  
*Cadaveric session*

14:45-14:55 **Talectomy and Tibio-Calcaneal Fusion**

15:30 **Close**

## Course Feedback

The feedback for this course can be found as an online form. It is very quick and simple to complete. The course organiser is there to assist you should you have any issues accessing the form.

Once your feedback has been completed and submitted, a certificate will be emailed to you online. Please be careful to enter the correct email address on the form as the certificate is sent automatically. It may take a day or so, it is not immediate.

Please take the time to fill in the course feedback, as this will allow us to improve the programme for future participants. Please tell us what we did well and what we could do better next time.

Please scan the QR code with your phone or mobile device to access the course feedback form. You can download a QR scanner free of charge from your app store.

**Deadline for feedback is Monday 14<sup>th</sup> November 2023**

Feedback Link:

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